

Urothelial Carcinoma Histologic Variants and Clinical Implications

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Objectives

- Provide a brief overview of "conventional" urothelial carcinoma
- Define divergent differentiation and variant histology in urothelial carcinoma
- Review salient morphologic features of divergent differentiation/histologic subtypes
- Discuss clinical implications of select histologic variants/subtypes

Urothelial Carcinoma Facts and Figures

- Epithelial malignancy arising from the urothelial lining of the urinary tract
 - ✓ Bladder (>90%),
 - ✓ Upper tract (~5-10%),
 - Urethra (<1%)
- Clinically
 - Non-muscle invasive
 - Muscle-invasive
 - Metastatic

Alderson M et al. Bladder Cancer. 2020;6:107–122 Siegel RL et al. CA Cancer J Clin. 2022;72(1):7-33

Estimat	ed New Cases	•			
	*			Males	
	Prostate	268,490	27%		
	Lung & bronchus	117,910	12%		
	Colon & rectum	80,690	8%		
• • • •	Urinary bladder	61,700	6%		
	Melanoma of the skin	[•] 57,180	6%		
	Kidney & renal pelvis	50,290	5%		
	Non-Hodgkin lymphoma	44,120	4%		
	Oral cavity & pharynx	38,700	4%		
	Leukemia	35,810	4%		
	Pancreas	32,970	3%		
	All Sites	983,160	100%	- 23:	
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Estimat	ed Deaths	* *		•	
				Maloe	
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	Lung & bronchus	68,820 34 500	21% 11%	Males	
	Lung & bronchus Prostate Colon & rectum	68,820 34,500 28,400	21% 11% 9%	Males	
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Liv	Lung & bronchus Prostate Colon & rectum Pancreas er & intrahepatic bile duct	68,820 34,500 28,400 25,970 20,420	21% 11% 9% 8% 6%	Males	
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Liv	Lung & bronchus Prostate Colon & rectum Pancreas er & intrahepatic bile duct Leukemia Esophagus	68,820 34,500 28,400 25,970 20,420 .14,020 13,250	21% 11% 9% 8% 6% 4%	Males	
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Urothelial carcinoma: morphology

- "Usual"/Conventional "Unusual"
 - Papillary
 - Low-grade
 - High-grade
 - Non-papillary \checkmark In situ (CIS) Invasive

- With divergent differentiation ("mixed")
- Showing variant histology =histologic subtype

Amin M. Mod Pathol. 2009 Jun;22 Suppl 2:S96-S118

Conventional Morphology



Papillary urothelial carcinoma, low-grade



Papillary urothelial carcinoma, high-grade



Papillary urothelial carcinoma, high-grade



Non-papillary (flat) noninvasive (Urothelial carcinoma in situ - CIS)



Invasive urothelial carcinoma, "typical" pattern



Invasive urothelial carcinoma, "typical" pattern



Immunohistochemical Expression Profile

- "Luminal" markers
 - ✓ CK20
 - ✓ GATA3
 - Uroplakins
 FGFR3
 FOXA1
 PPARG

- "Basal" markers
 - ✓ CK5/6*
 - ✓ CK14*
 - ✓ CD44
 - Desmogleins
 - Desmocollins

✓ [p63]

*and high-molecular weight keratins cocktails (e.g., K903/34BE12)

Williamson SR et al. Invasive urothelial carcinoma. In: WHO Classification of Tumours Editorial Board. Urinary and male 12 genital tumours [Internet]. Lyon (France): International Agency for Research on Cancer; 2022. (WHO classification of tumours series, 5th ed.; vol. 8). Available from: https://tumourclassification.iarc.who.int/chapters/36.

Variable combination of "basal" and "luminal" markers in *gardenvariety* urothelial carcinoma







Molecular Taxonomy

- Derived from muscle-invasive disease studies
- Six consensus subtypes
 - Iuminal papillary (24%)
 - Iuminal nonspecified (8%)
 - Iuminal unstable (15%)
 - stroma-rich (15%)
 - basal/squamous (35%)
 - neuroendocrine-like (3%)

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Divergent Differentiation Differentiation along another histologic lineage



Divergent Differentiation

- Squamous
- Glandular
- Neuroendocrine (>>>small cell)
- Trophoblastic
- [Müllerian (Clear cell adenocarcinoma of the urinary tract)]

Williamson SR et al. Invasive urothelial carcinoma. In: WHO Classification of Tumours Editorial Board. Urinary and male genital tumours [Internet]. Lyon (France): International Agency for Research on Cancer; 2022. (WHO classification of tumours series, 5th ed.; vol. 8). Available from: https://tumourclassification.iarc.who.int/chapters/36.

Divergent Differentiation Squamous

- Most frequent divergent differentiation in urothelial carcinoma (12%-31%)
- Tendency to be diagnoses at higher stage
- No significant difference in cancer-specific survival with pure urothelial of same stage
- Differential diagnosis (DDx) with squamous cell carcinoma (primary or secondary involvement)
- Basal-squamous expression profile and molecular phenotype (not helpful in DDx)

Urothelial carcinoma with squamous differentiation



Urothelial carcinoma with squamous differentiation



Divergent Differentiation Glandular

- Second most common divergent differentiation in urothelial carcinoma (UC) (10%-18%)
- Often presenting at high stage
- No significant difference in cancer-specific survival with pure UC of same stage
- DDx with adenocarcinoma (primary or secondary involvement)

Luminal (pseudo-glandular) spaces formation in UC

 >> Enteric-type expression profile (e.g., CK20, CDX-2) +/- UC lineage markers (GATA3, p63, HMWCK)

Urothelial carcinoma with glandular differentiation



Urothelial carcinoma with glandular differentiation



Glandular differentiation: GATA-3



Urothelial carcinoma with glandular differentiation



Urothelial carcinoma with glandular differentiation



Divergent Differentiation [Small Cell] Neuroendocrine

- Less than 1% of bladder cancers
- Rapid growth with a predilection for early metastases to sites including brain and bone (>>brain imaging)
- Chemosensitive
- Metastatic disease worse than pure urothelial
- Main DDx with lymphoma, poorly differentiated urothelial and small cells from other sites (less critical for management)

Small cell carcinoma with overlying CIS



Small cell carcinoma of bladder



Synaptophysin



AE1/AE3





Histologic Variant (Subtype) Urothelial lineage with diverse morphology



Histologic Variant (Subtype)

- Nested/large nested/microcystic
- Micropapillary
- Plasmacytoid (signet ring/diffuse)
- Sarcomatoid
- Lipid-rich
- Lymphoepithelioma-like
- Clear cell (glycogen-rich)
- Giant cell
- Poorly differentiated

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Histologic Variant Nested/Large nested/Microcystic

- <5% of invasive bladder tumors (each <1%)</p>
- Often presenting at high stage
- Prognosis similar to UC of same stage
- DDx with benign proliferations (von Brunn nests, cystitis cystica, nephrogenic adenoma), pseudocarcinomatous hyperplasia, paraganglioma, noninvasive inverted growth
- Luminal-type expression and molecular profile (low FGFR3 mutation)
 - TERT promoter mutation absent in benign mimickers
 - Expresses PAX-8!!!

Nested variant UC


Nested and microcystic



Nested and microcystic



Large nested UC



Nested variant UC: detrusor muscle invasion



Nested variant UC: detrusor muscle invasion



Large nested UC in detrusor muscle



Nested variant UC: LVI



Histologic Variant Micropapillary

- 0.6% to 2.2%
- Aggressive variant
- Extent of variant morphology may impact management and prognosis
 - Cutoff not well established (<10% and >50% most used to define "focal" and "extensive", respectively)
 - Early cystectomy (T1 disease!) often undertaken
 - Bladder sparing trimodal therapy contraindicated if \geq 30%
- DDx with metastases (>>breast/GI)
- Overexpression and/or amplification of ERBB2/HER2 (15%-74%)

Sanguedolce F. et al. Mol Clin Oncol. 2019 Feb;10(2):205-213 Bertz S et al. Virchows Arch. 2016 Sep;469(3):339-44 Willis DL et al. Urol Oncol. 2014 Aug;32(6):826-32 Alvarado-Cabrero I et al. Ann Diagn Pathol. 2005 Feb;9(1):1-5

Micropapillary UC: detrusor muscle invasion



Micropapillary UC: multiple clusters in the same lacuna



Micropapillary UC: clusters in lacunae and ring forms



Micropapillary UC: LVI



Histologic Variant Plasmacytoid/Signet ring/Diffuse

- Rare (<1%)
- Aggressive variant
 - Higher stage at presentation than conventional UC
 - Early cystectomy advocated
- DDx with melanoma, plasmacytoma, lymphoma, secondary involvement from other cancers (>>>breast, GI)
- Positive UC lineage markers (both GATA-3 and p63)
- Loss of E-cadherin membranous expression (>70%)
 - >>due to CDH1 nonsense mutation (84%)

Plasmacytoid UC



Plasmacytoid UC: sneaky!



Histologic Variant Sarcomatoid

- Extremely rare (0.1%-0.3%)
- Aggressive variant
 - Presenting at advanced stage
 - Worse disease specific survival
 - Upfront radical cystectomy
- Report presence of heterologous component
- Must contain:
 - Associated recognizable UC
 - High-molecular weight keratin or GATA-3 expression

Sarcomatoid UC: undescript spindled cell morphology



Sarcomatoid UC: undescript spindled cell morphology



Sarcomatoid UC: 34BetaE12



Sarcomatoid UC: GATA-3



Sarcomatoid UC: p63



Histologic Variant Lipid-Rich

- Extremely rare
- Aggressive variant
 - Presenting at advanced stage
 - Poor 5-year survival outcome
- DDx liposarcoma, sarcomatoid carcinoma

Lipid-rich features



Lipid-rich features



Histologic Variant Lymphoepithelioma-like (LELC)

- Extremely rare
- Pure or predominant (> 50%) LELC features suggested to be associated with better overall survival than mixed LELC-conventional UC
- DDx lymphoma
- Not EBV or HPV related
- Enriched for basal-squamous molecular subtype markers and for PDL1 expression

LELC features



LELC features: AE1/AE3



LELC features: GATA-3



LELC features: p63



Histologic Variant Clear cell (glycogen-rich)

- Rare
- DDx Clear cell carcinoma and clear cell adenocarcinoma (Mullerian-type)
- Expression profile of garden-variety UC

LELC features: p63



Histologic Variant Giant cell/Poorly differentiated

- Rare
- Highly aggressive
- Conventional UC or in situ needed for diagnosis

Giant cell/Poorly differentiated UC



Giant cell/Poorly differentiated UC with CIS



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Why heightening awareness and reporting?


Appropriate management: Non-UC tumors potential misidentification

Squamous differentiation

- Primary squamous cell carcinoma of bladder
 - Neoadjuvant chemotherapy inefficient
- Spread of anogenital tract squamous cell carcinoma
 - Radiation therapy in advanced gynecological malignancy
- Glandular differentiation
 - Primary adenocarcinoma of bladder/urachus
 - Maybe amenable of partial cystectomy
 - Colon cancer-like chemotherapy regimens
 - Spread from other sites

Appropriate management: Benign entities potential misidentification

- Nested/large nested/microcystic
 - High risk of progression in underrecognized
 - [Potential harm if overcalled]

Appropriate management: Prognostic significance

- High (AUA/SUO)/Very high (EAU) risk category in non-muscle invasive disease classifications
- >>Micropapillary, sarcomatoid, plasmacytoid
 - At higher risk of progression
 - Early cystectomy advocated
- [Small cell] neuroendocrine differentiation
 - Poorer outcome if metastatic
 - Brain imaging

Appropriate management: Trial enrollment

 Any amount of neuroendocrine differentiation and predominant/≥50% variant histology or divergent differentiation included in "rare genitourinary tumors" phase II interventional trial (carbozantinib versus checkpoint inhibitors)

Take Home Message

- Urothelial carcinoma is a heterogeneous disease with a variety of morphologic patterns which may impact biologic behavior
- Correct identification of divergent differentiation and histologic subtypes matters for appropriate clinical management and prognosis
- Reporting divergent differentiation and histologic variants with corresponding percentage has become a must

Aneigh queeestion???

https://www.thesprucepets.com/how-horses-express-stress-1887396